

Transient Anti-GAD Antibody Positivity and Acute Pancreatitis with Pancreas Tail Swelling in a Patient with Susceptible Haplotype for Type 1 Diabetes Mellitus

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Abstract

A 57-year-old man was admitted to our hospital complaining of poor appetite. He had been diagnosed with diabetes mellitus and was anti-GAD antibody (GAD-Ab) negative 1 year previously, at the age of 56 years old. Abdominal CT revealed pancreas tail swelling; elastase-I level was elevated and he was diagnosed with pancreatitis. The level of GAD-Ab was increased and HLA haplotype was DRB1*0901-DQB1*0303, which is seen frequently in type 1 diabetic Japanese patients. However, his endogenous insulin secretion ability was not deteriorated. After elastase-I level and pancreas swelling improved, GAD-Ab returned to a normal range. One year after the onset of pancreas swelling, he was still not in an insulin-dependent state. In this case, transient GAD-Ab positivity with susceptible haplotype for type 1 diabetes mellitus might have been induced by a GAD antigen discharged from the destroyed islet due to pancreatitis.

Key words: anti-GAD antibody, pancreatitis, type 1 diabetes mellitus, HLA

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Introduction

Acute pancreatitis can be accompanied by glucose metabolism abnormality, but it is normalized after pancreatitis treatment. In general, beta-cells are not destroyed during the inflammation of the exocrine tissue such as in typical pancreatitis because the islets of Langerhans in human are somewhat encapsulated. On the other hand, there are some reports of insulin-dependent diabetes mellitus negative for anti-glutamic acid decarboxylase antibody (GAD-Ab) after acute pancreatitis, and some of these cases are regarded as fulminant type 1 diabetes mellitus (1-4). GAD-Ab is frequently seen in type 1 diabetes, and the destruction of islet beta cells can lead to discharge of GAD (5); however, GAD-Ab is not detected in chronic pancreatitis patients with diabetes mellitus-related HLA haplotype (6). We encountered a case of acute pancreatitis with a susceptible haplo-

type for type 1 diabetes mellitus that had transient GAD-Ab positivity but endogenous insulin secretion ability did not deteriorate.

Case Report

A 56-year-old man was admitted to our hospital because of congestive heart failure by dilated cardiomyopathy; he was noted to have diabetes mellitus. There was no familial history of diabetes mellitus. GAD-Ab was negative and urinary excretion of C peptide (u-CPR) was within normal limits (105.3 µg/day). Abdominal ultrasonography revealed no abnormalities in the pancreas. He had had diabetic neuropathy, but no diabetic retinopathy. His blood glucose level was improved by a meal of 1,680 kcal/day during hospitalization and he was discharged with only a dietary intervention for his diabetes mellitus. In February 2008, he was admitted to our hospital complaining of poor appetite without abdominal

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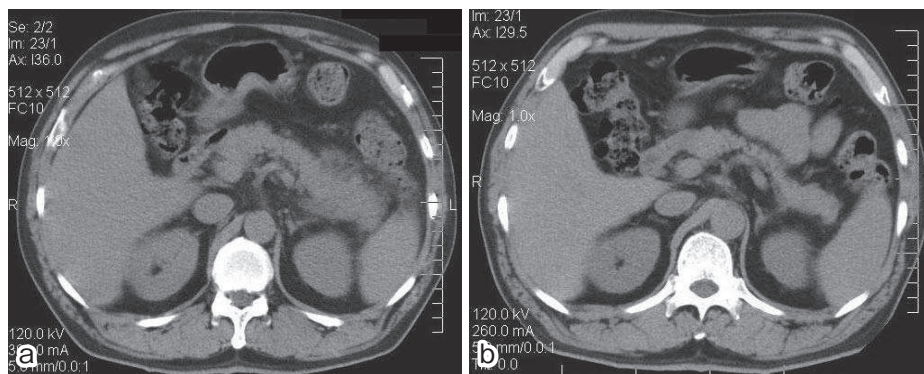
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Table 1. Laboratory Findings and Clinical Course

	reference range	Sep,2007	Feb,2008	Mar,2008	Apr,2008	May,2008	Jun,2008
WBC (/μL)	3,900–9,800	11,900	11,400	9,200	8,100	8,100	8,000
CRP (mg/dL)	<0.30	0.39	1.33	0.21	0.12		0.08
AST (U/L)	13–33	46	99	36	35	30	35
ALT (U/L)	8–42	38	92	41	38	30	34
ALP (U/L)	115–359	449	551	536	402	456	361
γ-GTP (U/L)	10–47	747	423	327	253	180	203
AMY (U/L)	40–130	62	126	82	79	91	83
Elastase-I (mg/dL)	72–432		1487	436			224
HbA1c (%)	4.3–5.8	7.0	7.9	8.4	8.6	7.4	6.9
FPG (mg/dL)	69–109		186		132		
s-CPR (ng/mL)	0.8–2.5		3.5		2.9		
u-CPR (μg/day)	22.8–155.2	105.3	119.9				
GAD-Ab (U/mL)	<1.4	<1.3	2.3	<1.3			
IA-2 Ab (U/mL)	<1.0		<0.4				
BNP (pg/mL)	<18.4	274.3	28.4				

Medical treatment

valsartan 40 mg	valsartan 40 mg
voglibose 0.6 mg	voglibose 0.6 mg
	bufornine hydrochloride 100 mg

**Figure 1. Abdominal CT revealed pancreas tail swelling in February 2008 (a). The pancreatic swelling improved after two months (b).**

pain at the age of 57 years old. He had been drinking approximately 240 kcal/day of “sake” (shochu), a Japanese alcoholic beverage made from rice. On physical examination, his body mass index was 26.0 kg/m², his body temperature was 36.7°C and there was mild epigastric tenderness. Laboratory tests revealed liver dysfunction and hyperglycemia, as shown by the following findings: white blood cell counts (WBC) 11,400/μL, C-reactive protein (CRP) 1.33 mg/dL, aspartate aminotransferase (AST) 99 U/L, alanine aminotransferase (ALT) 92 U/L, γ-glutamyltranspeptidase (γ-GTP) 423 U/L, alkaline phosphatase (ALP) 551 U/L, amylase (Amy) 126 U/L, elastase-I 1,487 mg/dL, hemoglobin A1c (HbA1c) 7.9%, fasting plasma glucose (FPG) 186 mg/dL, serum C-peptide (s-CPR) 3.5 ng/mL, GAD-Ab 2.3 U/mL, IA-2 antibody (IA-2 Ab) <0.4 U/mL (Table 1). Thyroid hormone levels were within normal limits and thyroid-related autoantibodies were negative. Hepatitis B surface antigen (HBsAg), hepatitis C virus antibody (HCVAb), anti-nuclear antibody (ANA), anti-mitochondrial antibody (AMA) were all negative. Abdominal computed tomography (CT) revealed pancreas tail swelling (Fig. 1a). Contrast-enhanced CT revealed no mass in the pancreas, and magnetic resonance cholangiopancreatography (MRCP) revealed no abnormalities in the pancreatic duct. There was no evi-

dence of acute pancreatitis due to viral infections such as Coxsackie virus, Epstein Barr virus, cytomegalovirus or herpes simplex virus. IgG4 level was within normal limits (53 mg/dL). The tentative diagnosis was alcohol-induced acute pancreatitis, and the pancreatic swelling improved with alcohol abstinence and without antibiotics agents after two months (Fig. 1b). HLA haplotype was DRB1*0901-DQB1*0303 (homozygotes), which is seen frequently in patients with insulin-dependent diabetes mellitus who are GAD-Ab positive (7). However, his endogenous insulin secretion ability did not deteriorate (u-CPR 119.9 μg/day), both arginine 300 mg loading test and glucagon 1 mg loading test also showed a good reaction of s-CPR (arginine 300 mg loading test: s-CPR 3.1 ng/mL to 7.1 ng/mL, glucagon 104 pg/mL to 455 pg/mL, glucagon 1 mg loading test: s-CPR 3.0 ng/mL to 5.0 ng/mL). He had been treated with valsartan 40 mg and voglibose 0.6 mg. GAD-Ab became negative after discharge. As is shown Table 1, the improvement of blood glucose level turned worse after discharge, but had improved without insulin induction after May 2008. One year passed from the onset of pancreas swelling, but he did not go into an insulin-dependent state (FPG 164 mg/dL and s-CPR 3.7 ng/mL in February 2009).